

Vortexing made simple!

By Becky York

<http://www.beckyyork.co.uk/services.html>

What is a vortex?

A vortex is a spinning cyclone that once things fall into, they start getting closer and closer to the source of the vortex.

Imagine creating a vortex where everything about your life, your living and your reality was orchestrated by the universe to show up before you even knew what question to ask? How can it get any better than that, right?

Do you want a new car, a new job, a new girlfriend? Create a vortex for it and have find you!

Creating your First Vortex

Becky: so Vortexing; what would you like to vortex? make it something specific.

Jane: Ok.... I'd like being a generative space capable of generating tons of cash with fun, ease and flow?

Becky: Okay so what I do is I have a ton of index cards: which are cardboard, roughly the size of a business card plain white on both sides – and I do the following;

Becky: I break down what I want into discreet parts. So for example "£32,000,000 showing up in my back account" I could split up into two or three ways

Two ways £32,000,000 showing up ~ in my back account

Three ways £32,000,000 ~ showing up ~ in my back account

Then everywhere there's a ~ I put in BAQ so it becomes

"£32,000,000 BAQ showing up BAQ in my back account"

Becky: so if you were to do that for what you wanted, keeping it short and concise what would it be?

Jane: "being BAQ generative compound mind, consciousness & thought BAQ generating tons of cash BAQ fun, ease and flow"

Becky: So, you take your business card or half post-it note sized piece of paper and write that down on one side and on the other side you write "#GAD #BAQ #BeckyFive"

Becky: Then, you keep the paper in your trouser pocket, or purse; and whenever you have a space 5 minutes through the day you place your hand over the paper (even through clothes works fine so it can be really inconspicuous) and you say, whisper or think

G.A.D B.A.Q BeckyFive and let the infinite intelligent energy pass through the card, through you into the pulling vortex.
And keep asking a question, "I wonder how the universe is going to orchestrate this so it turns out so much better than I could ever imagine?"

Creating additional Vortexes

Becky: And the best thing is: every time you pull one vortex – you pull ALL the vortexes with the same potency that you be.

Becky: so would you like to know more?

Jane: yep

Becky: okay cool

Becky: So to create additional vortexes, for example on your bills, marriage certificates, in your car etc. You follow the same process above. Write on the bill, certificate, or make another card and put the card in your glove box – And each time you pull the energy through the vortex in your pocket it'll also pull it through all the other vortexes that you've created.

Becky: this where you say "I'm going to free the genie!" haha I'm joking I couldn't resist an aladin gag

Jane: haha

Jane: To travel the world as part of Richard or Denni team of facilitators...

Becky: great, now break it up in to parts

Jane: Travel the world ~ Richard/Denni ~ Team of Facilitators

Becky: and stick in the BAQ parts

Jane: Travel the world BAQ Richard/Denni BAQ Team of Facilitators

Becky: Now write that on your card, with #GAD #BAQ #BeckyFive on the back and pin it up next to a photo of Richard & Denni.

Becky: And every time you pull energy through the one in your pocket, you're pulling energy through them all, how does that sound?

Jane: ahhh, that's so simple!

Becky: and it's a good idea to rotate the one you keep on your person so they all get individual attention – if you feel one isn't pulling; just give it some pocket time.

Jane: so only one on your person at a time?

Becky: or you can have many it doesn't matter – it all works the same.

The Secret Sauce

Becky: and do you want to know the secret sauce?

Jane: yeah that's a treat.

Becky: ALL the vortexes are linked: every time you pull energy through your vortexes with the potency of you – you pull energy through ALL the vortexes of Everyone.

And everyone who pulls energy through their vortex with the potency of them, pulls the same energy through your vortex and everyone else's.

Becky: so not only are you helping you get what you want, you're also helping everyone else get what they want and they're helping you and everyone else at the same time

Jane: great i'm deff gonna do it...shall we give it a deadline as a challenge? to add spice?

Becky: Here's the thing, deadlines add conclusion and limitation, which shuts off the vortex. Vortexes work from a space of wonder and question, so keep asking the question: "I wonder how the universe is going to orchestrate this so it turns out so much better than I could ever imagine?" and see what shows up, you'd be surprised.

Jane: yeah I know I'd just like it all yesterday thanks.

Jane: great... i will thanks so much Becky for the share Awe i'm totally blessed

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#GAD #BAQ #BeckyFive